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Challenging times ahead for the care home?

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Many care operators are already struggling with constant pressure to improve public sector services and manage expectations. The new National Living Wage creates another challenge for operators struggling to meet standard care regulations without further funding.

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Facts & Figures

APPROXIMATE STAFF COSTS

On average staff costs represent 60% of overall running costs for a care home with most of these workers qualifying for the living wage

%



LIVING WAGE INCREASES

From April 2016 the minimum wage will increase by 11% as workers over the age of 25 will be entitled to £7.20 an hour. By 2020 the minimum wage will increase by a further 25% to £9.00 an hour.

COUNCIL TAX INCREASE BY 2%

Councils will be allowed to increase council tax by up to 2% in order to fund adult social care. This is on top of the councils right to increase council tax by 1.99% for general services





MINIMUM STAFF REQUIREMENTS

The care sector is highly regulated with clear guidelines on staffing levels. Whilst needs are assessed on an individual basis, local authoirties generally cater to service user ratios of 7:1 for residential care and 5:1 for specialist care.

The imminent care crisis



The crisis in the private residential care sector has finally reached its peak following years of inadequate funding and rise in demand. For a sector already under severe scrutiny and financial strain the impact of the living wage and lack of local authority funding is likely to see hundreds of care homes reach breaking point.

There are a number of factors at play in the UK that are continuing to have a significant impact upon residential care home operators:

- High financial gearing particularly in owner-operated and SME businesses
- The impact of assisted living initiatives on residential care
- A continuing and heightened focus on the quality of care
- Escalating costs and declining ability to pass these on to service users
- Continuing restrictions to Local Authority budgets
- Slowing growth in terms of health care spending despite the increasing and ageing population

Given these trends, the market faces a difficult and challenging period and one which will force many to close their doors. Here we explore in more detail some of the issues.

Escalating costs and declining ability to pass these on to service users

Whilst few would argue with the increase of the minimum wage, which is set to be brought in this April, it hits the care industry against a backdrop of other underlying issues. On average staff costs represent 60% of overall operating costs with most of these workers qualifying for the living wage. At these levels and with the present level of government funding, care homes can simply not absorb costs and as the industry is highly regulated it means there is little flexibility to reduce staffing levels. Effectively to survive many will be left with no option other than to increase fees, however local authority funded homes face a difficult outlook as councils will simply be unable to afford fee increases. Private homes will find it easier to increase fees but it is only a matter



of time before residents will be forced down the local authority route. This revenue disparity could prove disastrous for the industry and force wider implications on the NHS and councils.

Restrictions to local authority budgets

In November the government announced that it would be making significant cuts to council funding but did offer 2 alternatives to manage social care spending. Firstly the government has agreed that councils can increase council tax by an additional 2% per annum providing any funds generated are spent on social care. Secondly there was hope of further assistance from the Better Care Fund, a £3.2bn fund designed to get health and social care to work together. Unfortunately even if all the Local Authorities choose to increase fees by 2% it will do little to plug the funding gap and is expected to cover councils' immediate needs of initial living wage increases rather than create a future plan for social care. Additionally it is likely that this initiave will favour wealthier communities and not all councils will take this up. Furthermore the Better Care Fund is unlikely to bring councils any imediate support as money won't be available in 2016-17 and the majority being pledged for 2018-19.

Heightened focus on the quality of care

Concerns over the quality of care provided have been highly publicised and debated and continues to be a hot topic. Unfortunately it is inevitable that with profit margins at their lowest and the future uncertain, this will feed through to staffing and quality problems. Securing and retaining good staff will prove problamatic, care work is often demanding and normally on a shift rota so with some of the leading supermarkets now paying the minimum wage for what appears to be a less onerous job, employers will struggle to employ good staff. Additonally with management firmly focused on staying afloat, the standards of care being delivered are likely to slip

In summary, it is likely that the sector will continue to consolidate and this will lead to fewer, larger, operators through either the merger or failure of smaller providers. Larger operators will benefit from economies of scale and the ability to provide a broader range of services and better placed to meet continued economic and regulatory pressures

Value creating

Strengths

- Good occupancy levels
- Content, well looked after service users and families
- Fee levels sustainable
- Costs well controlled
- Healthy profit margins
- Cash generation
- Positive public image
- Good CQC ratings
- Positive relationship with commissioning authorities
- Staff engaged and highly trained
- Low agency useage
- Well maintained facilities
- Positive relationship with lenders

Opportunities

- Limited local competition
- Potential for fee increases
- Room for expansion
- Funding available for capital expenditure/growth
- Opportunities for increase in higher value services
- Affluent and ageing local population
- Alternative planning

If you identify with the factors in the red and an Owners and directors have significant statutory and fiduo users and their families. Breaching these obligations may lead to criminal cha

Consider the diagram below and think about your own

Ask yourself -honestly - whether all is as it shou

oerational, regulatory and market

actors

Internal and external financial,

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Value eroding

own or your customer's business for a moment. should be operationally and financially

latters ealth-

Weaknesses

- Poor quality physical environment
- Service user complaints
- Loss making, low fee levels and limited scope for increases
- Low occupancy levels
- CQC enforcement notices and adverse reports
- Local authority embargos
- Excessive and unaffordable bank debt
- Pressure from creditors and suppliers
- Financial irregularities
- Low staff morale and high staff turnover
- Excessive use of agency staff
- Excessive staff costs
- Weak or inexperienced management team

Threats

nd amber quadrants it is time to act. . fiduciary duties and a duty of care to the service may mean they are personally liable and could I charges.

- Better local competition
- Lack of funding to comply with CQC notices
- · Lack of funding for capital/maintenance expenditure
- Lack of working capital for day-to-day operations
- Service user complaints
- Adverse publicity
- Potential for embargos
- Loss of key staff
- Fall in staff

Project Sunrise



Background

Care Home: Converted residential care home for the elderly

Location: Attractive village on the border of the Home Counties and the Midlands

MOORFIELDS RESCUE RESIDENTIAL CARE HOME IN THE MIDLANDS

Background

The home was acquired by an inexperienced operator financed by a major highstreet lender at values which reflected a fundamentally different situation to the current state of the market. Following years of under investment there had been a number of adverse CQC reports and a local authority embargo - factors which all combined to help accelerate an apparently terminal decline in the number of service users and the fortunes of the business.

Moorfields Role

When Moorfields were appointed six out of a possible thirty four beds were occupied and the business was severely loss making. However, working alongside a specialist management company we stabilised operations to ensure the needs of the residents were met. Moorfields contacted their families, provided assurance to employees and engaged in a dialogue with the CQC and local commissioning groups.

This strategy enabled Moorfields to market the property for sale, ensuring continuity for service users and the preservation of jobs.

"Moorfields contacted their families, provided assurance to employees and engaged in a dialogue with the COQ and local commissioning groups"

Result

Contracts to dispose of the home have now been exchanged with a purchaser already in occupation under licence making improvements and rebuilding the business.

Moorfields

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